



Friendship Heights

VILLAGE NEWS

MAY 2019

VOLUME 35, NO. 5 www.friendshipheightsmd.gov

301-656-2797



Star Wars Movie Night,
see page 16.

See the costumes of “the Crown” and savor afternoon tea at the Hotel DuPont



From the dazzling gold of Queen Elizabeth’s coronation robe to the simple sophistication of Princess Margaret’s wedding dress, from the majesty of royal crowns and tiaras to the comfort of clothes worn in private family moments, “Costuming the Crown,” a new exhibit at Winterthur in Delaware, features 40 iconic costumes from the beloved Emmy award-winning Netflix series. Travel with us on **Tuesday, May 21**, as we visit Winterthur, take a tram through the home’s spectacular gardens, tour the house and see the exquisite costumes of the dramatized history of the reign of Queen Elizabeth II. This intriguing exhibition provides a behind-the-scenes look at how costume design is used to create riveting drama and to re-create history. Explore the elegance and style of a bygone era.

Continued on page 5, see **Costumes**

A shower fit for a royal baby —with music and crafts for the whole family

Celebrate the arrival of Harry and Meghan’s first child with a special concert in honor of Meghan and all the mothers in Friendship Heights.

Marsha and the Positrons will present a concert for mothers, with a selection of songs that the little ones will enjoy too, on **Saturday, May 4, from 1 to 2 p.m.**, at the Village Center.

We’ll have refreshments and crafts and, in honor of the royal couple’s commitment to community service, we’re holding a diaper drive to benefit the DC Diaper Bank. Drop off diapers at the Center—look for the stork—until May 4. Any diapers are appreciated, but there’s a particular need for larger sizes, especially size 5. Open packs of diapers are accepted—



Visit Glenstone with us

It’s considered to be among the greatest private collections of American and European contemporary art in the country and we’ve got tickets to see it!

Join us on **Friday, June 7**, when we travel to Glenstone Museum in Potomac. We’ll depart from the Village Center at 11:15 a.m. and make our first stop at Normandie Farm Restaurant for a delicious French-inspired luncheon prior to visiting the museum featuring indoor and outdoor exhibits.

At Normandie Farm, we’ll have a three-course luncheon. The first course will be Salad Normandie. For your

Continued on page 5, see **Glenstone**

please label the packages with the size and number of diapers.

Stop in for a great concert, make a Mother’s Day craft, send wishes to the newest royal, enjoy a sweet snack, and join our diaper drive to help babies in the D.C. area.

The event is free; please call the Village Center at 301-656-2797 if you plan to attend.

Meet the Candidates for Village Council on May 6, see page 3.



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AARP Safe Driver course returns in June

The AARP Driver Safety Program will be offered
Thursday, June 13, from 10 a.m. to 3 p.m., at the
Village Center.

Nina Uzick will be the instructor. The one-day
course costs \$15 for AARP members (please bring your
membership card when you register and also to the class)
and \$20 for nonmembers. Checks should be made out to
AARP.

All students must bring their driver's license and a
ball point pen to class with them. Please register at the
Village Center.



Friendship Heights

VILLAGE NEWS

www.friendshipheightsmd.gov

Email: info@friendshipheightsmd.gov

The Village News is a publication of the Village Council, the elected
governing body of the Special Tax District of the Village of Friendship
Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-
2797. The newsletter is produced through the cooperative efforts of
volunteers, Council members, and Village staff.

ADVERTISING

The deadline for reserving space in the June issue is May 5. For
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Village Council Update

Village Council election May 13

The Friendship Heights Village Council election will be held on **Monday, May 13**, at the Village Center. Polls will be open from 7 a.m. to 8 p.m. The election will be run by the League of Women Voters. There are eight candidates for Council, as follows (residents may vote for no more than seven candidates):

- Kathleen G. Cooper
- Michael J. Dorsey
- Paula Durbin
- John Mertens
- Michael Mezey
- Bruce R. Pirnie
- Melanie Rose White
- Carolina Zumaran-Jones

For those who are unable to vote in person, absentee ballot applications are available on the Village website (www.friendshipheightsmd.gov, click on "What's New") and at the Village Center. Mail the completed absentee ballot application to the League of Women Voters and they will send you a ballot. The deadline for receipt of the applications is Friday, May 3.

The swearing-in of the new Council will be **Monday, May 20, at 7 p.m.**, followed by the Council meeting beginning at 7:30 p.m.

Council candidates meet and greet May 6

Meet the candidates at the Village Center on **Monday, May 6, from 7:30 to 9 p.m.** The League of Women Voters will moderate the event. Each candidate will make a brief opening statement, then the candidates will meet with voters individually in an informal setting.

Page Park update

At the April 8 Village Council meeting, the Council approved a proposal from GreenSweep, the Village's landscape maintenance contractor, for a comprehensive program to rehabilitate the grass at Page Park. The work will include six applications of weed control and fertilizer, lawn aerating and overseeding in the spring and fall. As this goes to press, the effort is expected to begin in late April.

The Council also reiterated its prior approval of a planting plan submitted by GreenSweep. There will be three phases of planting, beginning in the second week of May. The first phase will cover the bench area on the west side of the park, followed by plants and shrubs along the woodchip path in the middle of the park,

then flowers inside the circular wall with the three crepe myrtles. The pathways will be remulched and a border will be installed to keep the mulch from migrating.

Council approves budget for FY 2020

At its March 11 meeting, the Council unanimously approved the FY 2020 Village Budget (beginning July 1, 2019), **keeping the tax rate at 4¢ per \$100 of assessed property value for the 14th consecutive year. This is the lowest rate allowed under our charter.** The budget is summarized below:



TOTAL REVENUES	\$2,470,954
EXPENDITURES	
General Government	1,357,683
Public Safety	115,500
Public Works	652,500
Health/Education/Social Services	12,000
Recreation and Parks	261,000
TOTAL OPERATING EXPEND.	\$2,398,683
Surplus/(Deficit)	\$72,271
TOTAL EXPENDITURES	\$2,470,954

Village celebrates Community Day



On April 13 we enjoyed another great Community Day celebration. At left, Village centenarian Helen Davis with County Council members Evan Glass (left) and Andrew Friedson.

Other Council actions taken at the April 8 Council meeting:

- Rejected request from The Carleton to remove two magnolia trees from The Carleton's property.
- Approved reimbursement of Mayor's expenses connected to court appearance on behalf of Village.

The next Council meeting, open to the public, will be Monday, May 20, at 7:30 p.m.



Two world-class 20th century artists not to be missed

Isabel Bishop and Agnes Tait were two of the finest American painters of the 20th century, tapped by the Works Progress Administration to create murals for government buildings in the 1930s.

Join us as Jeanne Pettanati discusses the life stories, influences and painting and lithographs of these important women artists on **Thursday, May 9, at 7 p.m.**, at the Village Center. Learn how their works evolved to reflect their life stories and changing times.

Both studied and worked in New York City at the time, but after Tait married she moved to New England, New Mexico, and abroad, while Bishop continued working at her Union Square studio for decades.

Their work hangs in the Smithsonian, the National Museum of Women and the Arts, and many other museums, as well as in private collections around the world. Skating in Central Park (1934), Tait's most famous painting, hangs in the Smithsonian American Art Museum. Bishop's Virgil and Dante in Union Square (1932), hangs in the Delaware Art Museum.

Refreshments will be served. The event is free, but please call the Village Center at 301-656-2797 to let us know if you plan to attend.

Get acquainted with Glenstone Museum

Get an insider's view of the Glenstone Museum when Peter Ibenana appears at the Village Center on **Wednesday, May 15, from 3 to 4 p.m.** During this talk, Ibenana will share briefly the history of Glenstone: from its early years as a private home collection to its current status as the museum with the largest privately owned collection in the country. He'll share details about Glenstone's collection, its longstanding relationship with Montgomery County Public Schools, as well as its strong commitment to environmental stewardship and sustainability.

Refreshments will be served. The event is free, but please call the Village Center at 301-656-2797 to RSVP.

Don't miss "Hello Dolly"

Just a few spaces remain for our trip to see the Broadway musical "Hello Dolly" on **Thursday, June 6**, at the Kennedy Center. We'll depart from the Village Center at 6 p.m. and should return by 11 p.m.

The cost of the trip is \$125, which includes an orchestra ticket, round-trip transportation, and all taxes, fees, and gratuities. Sign up at the Village Center. For information, call 301-656-2797.

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ON THE GO

Costumes, continued from page 1

Discover how costumes play a major role in storytelling and character development in this fictional portrayal of the British royal family. Tour the house, enjoy lunch on your own, and take a tram tour through the gardens, before viewing the “Costuming the Crown” exhibit.

After our visit, we’ll enjoy a Victorian tea at the famed Hotel DuPont in Wilmington. The tea, in the hotel’s beautiful Green Room, features a selection of black, green and white teas, tea sandwiches, scones with Devonshire cream, and pastries, including chocolate-dipped Hotel DuPont macaroons.

We’ll depart from the Village Center at 7:30 a.m. and should return by 7:45 p.m.

The cost of the trip, which includes round-trip transportation, admission to Winterthur, “Costuming the Crown” exhibit, tea at the Hotel DuPont, and all taxes and gratuities, is \$109.

Residents may sign up immediately at the Village Center; nonresidents may sign up beginning May 4. There are 24 spaces available.

Glenstone, continued from page 1

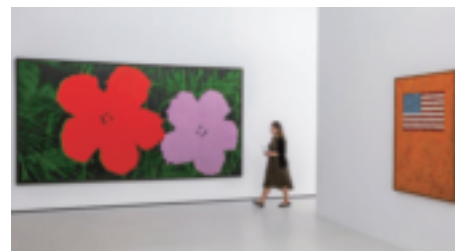
entree, choose between Chicken Piccata with artichoke hearts and capers, saffron rice and the fresh vegetable du jour, or a

crab cake platter with rosemary potatoes and a fresh vegetable du jour. We’ll also enjoy Normandie Farm’s signature hot golden popovers. For dessert, we’ll have cheesecake with fresh strawberries. Coffee and tea are also included.

We’ll depart from the Village Center at 11:15 a.m. and should return by 5:45 p.m.

The cost of the trip, which includes round-trip transportation, lunch, and admission to Glenstone, is \$78 per person. Residents and one guest may sign up beginning immediately; nonresidents may sign up beginning May 14. There are 23 spaces available.

Please note that this trip requires a good deal of walking between the arrival area, museum buildings and on the grounds.



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MARK YOUR CALENDARS

Sunday, July 21: See “My Lord, What a Night” and “Support Club for Men” at the Contemporary American Theater Festival in Shepherdstown, W.Va., and savor brunch at the Bavarian Inn.

Watch the June Village News for details!

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PLAYING on the BIG SCREEN

All movies begin at 7 p.m. Enjoy free popcorn during the movies.

Please note that PG-13 and R-rated movies may contain sexual situations, violence and/or offensive language.

Thursday, May 2, 7 p.m.—Movie—“Instant Family”

A couple find themselves in over their heads when they foster three children. Stars Mark Wahlberg, Rose Byrne, and Isabel Moner. Rated PG-13. Running Time: 117 minutes.

Thursday, May 9, 7 p.m.—Women Artists of the WPA—see page 4 for details.

Thursday, May 16, 7 p.m.—Movie—“Green Book”

A working-class Italian-American bouncer becomes the driver of an African American classical pianist on a tour of venues through the 1960s American South. Stars Felicity Jones. Rated PG-13. Stars Mahershala Ali and Viggo Mortensen. Running Time: 130 minutes.

Thursday, May 23, 7 p.m.—“The Wife”—Joan and Joe remain complements after nearly 40 years of marriage.

Where Joe enjoys his very public role as the great American novelist, Joan plays the private role of a great man’s wife. As Joe is about to be awarded the Nobel Prize for his acclaimed and prolific body of work, Joan starts to think about the shared compromises, secrets and betrayals. Stars Glenn Close and Jonathan Pryce. Rated R. Running Time: 112 minutes.

Thursday, May 30, 7 p.m.—Movie—“Mary Queen of Scots”

Queen of France at 16 and widowed at 18, Mary Stuart defies pressure to remarry. Instead, she returns to her native Scotland to reclaim her rightful throne. However, Scotland and England fall under the rule of the compelling Elizabeth I. Rivals in power and in love, the two must decide how to play the game of marriage versus independence. Stars Saoirse Ronan and Margot Robbie. Rated R. Running Time: 125 minutes.



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ART and CULTURE

Fiber Friends come to Friendship Gallery in May

This month's exhibition of fiber art features the work of Fiber Friends, a group of artists living and working in the Washington area using fabric and quilting techniques. The six members, Elizabeth Davison, Barbara Eisenstein, Elke Jordan, Melinda Lowy, Donna Radner, and Dianne Miller Wolman, have been quilting and embroidering for decades and exhibiting in juried shows regionally, nationally and internationally. They have worked together in a critique group for more than 10 years, learning from each other and expanding their skills.

Their fiber art may begin with some of the same methods your grandmothers may have used to make bed quilts, sewing layers of fabric together. However, each artist takes it beyond that, incorporating hand dyed or painted fabrics, hand or machine embroidery, embellishments, traditions from other countries, photographs, and nontraditional assembly techniques.

Each artist uses these techniques in a unique way to express her interpretation of realistic, abstract or conceptual themes. While two artists may share an inspiration, such as a tree, they interpret it in very different ways. The works are made to hang on the wall as an artistic expression, rather than to lay on a bed.

The exhibit will run from May 6 through Saturday, May 31. All are invited to meet the artists at a reception on **Sunday, May 19, from 11:30 a.m. to 1:00 p.m.**

Exhibit hours are Monday through Thursday, 9 am to 9 p.m., Friday, 9 a.m. to 5 p.m. and Saturday and Sunday, 9 a.m. to 2 p.m. Art in the auditorium is occasionally not available for viewing because of activities in that room;

Last chance to sign up for the children's summer art camp

Give the child in your life the gift of art by enrolling him or her in our summer art camp **Monday, June 24, through Friday, June 28, from 9:30 a.m. to 1 p.m.**

Run by our curator Millie Shott, the camp offers children ages 6 to 12 a fun way to tap into their individual creative genius. The annual camp is unique among art camps in that participants create fine arts projects that are tailored for little hands, including painting to pottery to jewelry-making, and art appreciation.

Children must have completed kindergarten to qualify. The cost is \$250 per child. Sign up at the Village Center no later than June 5.




"Celestial Orbs 4" by Donna Radner

check with the receptionist when you arrive or phone ahead: 301-656-2797. Please note that all sales of art are final.

A fun and artful way to earn service hours this summer

Interested in earning SSL hours this summer as a counselor for our summer art camp? Call Anne O'Neil at 301-656-2797 for details. The deadline to apply for service hours is June 1. You must be available to volunteer from the hours of 9 a.m. to 2 p.m. from Monday, June 24, through Friday, June 28.

2019

<p>Shuttle bus hours</p> <p>Monday through Friday Saturday and Sunday</p>	 <p>6:40 a.m. to 9:40 p.m. 8 a.m. to 7 p.m.</p>
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Monday through Thursday	9 a.m. to 9 p.m.
Friday	9 a.m. to 5 p.m.
Saturday and Sunday	9 a.m. to 2 p.m.

Twin Springs Fruit Farm will set up its market on the portico of the Friendship Heights Village Center **every Saturday from 9 a.m. to 1 p.m.**, until mid-December.

A photograph of a market stall displaying a variety of fresh vegetables. In the foreground, there are large bunches of bright orange carrots and green beans. Behind them, there are red bell peppers, some in a woven basket, and several sunflowers. Small white labels are placed among the produce. The stall is covered with a blue cloth, and a brick wall is visible in the background.



CLASSES AND CLUBS

PLEASE SIGN UP AT LEAST 48 HOURS BEFORE THE START OF A SESSION. A CLASS MAY BE CANCELED IF IT DOES NOT HAVE A MINIMUM NUMBER OF PARTICIPANTS REGISTERED. PARTICIPANTS MUST PAY FOR THE FULL SERIES — NO REFUNDS AFTER CLASS BEGINS.

All participants in fitness classes, as well as Drop-in Tai Chi and sample classes, are required to sign a liability waiver when they register.

In the event a class is cancelled, a make-up class will be held during the week following the last class of the session.

ART

ABSTRACT PAINTING

A 6-week class, taught by Joan Samworth, Fridays, 1 to 4 p.m., June 21–Aug. 9. Class will not meet June 28 nor July 5. The participants will construct a three dimensional shape that will become their inspiration for abstract paintings. Limit 10 students. For those who have previously taken this class; others may call Samworth at 301-346-7238. \$120 for residents; \$135 for nonresidents.

ALL IN THE EYES

A 6-week class, taught by Marianne Winter, Wednesdays, 1 to 3 p.m., April 24–May 29. Using photographs and beginning with the eyes, the class will hone the skills of those who want to draw faces. Bring a pad and pencil or pastel to the first class; some previous experience in drawing is necessary. \$75 for residents; \$80 for nonresidents.

PAINTING FOR EVERYONE

A 6-week course for all skill levels, taught by Millie Shott, Tuesdays, 1:30 to 3:30 p.m., April 23–May 28. Designed to introduce students to the art of painting without the intimidation of rules and methods. Learn the art of color mixing and paint application on a variety of paper surfaces, and experiment with collage and paper textures, inks and glues. The cost is \$65 for residents; \$75 for nonresidents. Minimum number of students is eight; maximum is ten.

BASIC PHOTOGRAPHY

An 8-week course in black and white and color photography for adults, taught by Llewellyn Berry, Saturdays, 10:30 a.m. to 1:30 p.m., April 6–May 25. \$130. Students will become skilled at using their cameras, understand how to see and use available light, and learn about composition and subject selection. Instruction takes place in the classroom as well as in the field. Students must bring a camera to class; digital cameras are preferred.

BASIC PHOTOGRAPHY FOR CHILDREN

An 8-week course in black and white and color photography for children. Taught by Llewellyn Berry, Saturdays, 9:30 to 10:30 a.m., April 6–May 25. \$80. Students will become skilled at using their cameras, understand how to see and use available light, and learn about composition and subject selection. Students must bring a camera to class; digital cameras are preferred. A minimum of four students.

STILL LIFE AND BEYOND

A 6-week class, taught by Joan Samworth, Thursdays, 11 a.m. to 2:30 p.m., June 20–Aug. 8. The class will not meet on June 27 nor July 4. \$120 for residents; \$135 for nonresidents. Participants will work on one Still Life set up for 6 weeks experimenting with various palettes and approaches. Limit 14 students. Participants will provide their own subject matter. Bring a sketchbook for mixed media (paper over 90 lbs.). The sketchbook

will be an integral part of the class. Samworth will present various materials, techniques and ideas to inspire original work.

WRITING AND MORE

WRITING YOUR LIFE STORIES

A 10-week class, taught by Barbara Rosenblatt, Mondays, 1:30 to 3 p.m., April 15–July 1. Learn how to write a meaningful, interesting memoir. Instructor uses childhood memories, interviewing techniques, exploration of varied writing, in-class prompts, and discussion. \$165 for residents; \$180 for nonresidents. The class will not meet May 27 nor June 24. A minimum of six students is required.

SPANISH CONVERSATION

Elena Marra Lopez, a Village resident and longtime Spanish teacher, conducts a Spanish conversation group Thursdays, 4 to 5:30 p.m., May 2–May 30. Please note that no English will be spoken during the sessions. **Free.** Minimum of five participants; maximum of eight.

EXERCISE

BALANCE AND FALL PREVENTION

A 6-week class, Tuesdays, 1 to 1:50 p.m., April 23–May 28. The class will focus on simple exercises that improve overall balance. \$70 for residents; \$75 for nonresidents. Questions? Email instructor Tonya Walton at staraka4u@gmail.com.

BALANCE, MOVEMENT AND MEMORY

A 6-week class, Fridays, 10:30 to 11:30 a.m., April 19–May 24. Exercises are designed to target balance issues as well as physical strength. Instructor Cheryl Clark is a licensed Physical Therapist Assistant who has been working on the aging body and its complexities for over 15 years. \$70 for residents; \$75 for nonresidents.

CHAIR EXERCISE

A 6-week class, Wednesdays, 11 to 11:50 a.m., April 24–May 29. The class, taught by Tonya Walton, is especially for people who want to tone upper and lower body muscles, as well as improve strength and energy, through chair exercises. \$70 for residents; \$75 for nonresidents.

DC TAI CHI (INTRODUCTION)

An 8-week class, Mondays, 9:30 to 10:30 a.m., May 27–July 8. Taught by internationally recognized Master Nick Gracenin. Study the essentials of traditional Tai Chi and Qigong, and improve balance, circulation, strength and relaxation. Beginners welcome; maximum number is 20. \$70 for residents; \$75 for nonresidents. Visit www.dctaichi.com for more information.

DC TAI CHI (ONGOING)

An 8-week class, Wednesdays, 9:30 to 10:30 a.m., May 28–July 10. Taught by internationally recognized Master Nick Gracenin. Study the forms and routines of traditional Tai Chi and enjoy non-competitive interactive partner work. Fundamental training is required; maximum number is 20. \$70 for residents; \$78 for nonresidents. Visit www.dctaichi.com for details.

MAT PILATES

A 6-week session, Tuesdays, 6:30 to 7:30 p.m., June 4–July 9. Pilates movements tone the body from “the

inside out” bringing about core-strength, muscle balance and proper spinal alignment. This class is for both beginners and intermediate students. Please check with your physician before signing up; not recommended for pregnant women. Instructor Ginger Russell is certified in Pilates by both PhysicalMind Institute and Powerhouse Pilates. \$85 for residents; \$90 for nonresidents. Please bring a Pilates/yoga mat and bath towel.

CHAIR YOGA & MEDITATION

A 6-week session, Thursdays, 10:30 to 11:45 a.m., May 16–June 20. In this class you will stretch, strengthen, and breathe through gentle yoga movements and leave centered after a guided meditation. You will be seated in a chair or use one for support. Experience the mental and physical benefits of yoga and meditation practice that a myriad of scientific studies have promoted for years. Incorporating a weekly yoga and meditation practice in your life can enhance your health, increase strength and flexibility, and reduce stress, depression and anxiety. Instructor Louisa Klein has more than 40 years experience teaching all ages. She is a member of the International Teachers Association (IYTA) and former Vice President of IYTA USA. \$70 for residents; \$75 for nonresidents.

STRENGTH TRAINING

A 6-week class, Mondays, 1 to 1:50 p.m., May 6–June 17. The class, taught by Tonya Walton, focuses on increasing mobility, flexibility, balance, and overall strength. \$70 for residents; \$75 for nonresidents.

YOGA

An 8-week class in Hatha Yoga for beginning and continuing students, taught by Robin Dinerman, host of TV’s Cherryblossom Yoga. Sundays, 9:10 to 10:30 a.m., April 7–June 9. This session includes semi-strenuous

postures, stretches, and coordinated breathing, as well as a quiet period for relaxation and meditation. Wear loose clothing, bring a thick blanket or large towel and mat, and don’t eat for two hours before class. \$115 for residents; \$128 for nonresidents. Class will not meet on April 21 nor May 26.

ONGOING GROUPS

BLOOD PRESSURE SCREENING/ SUBURBAN NURSE

A Suburban Hospital nurse offers free blood pressure screenings, Tuesdays, 12 to 4 p.m. The nurse is also available for consultations, Tuesdays, 2 to 4 p.m.

CHESS

An informal group plays chess on Wednesdays, 12 to 2:30 p.m. All levels are welcome. Call Greg Drury at 202-674-8102 for more information.

COFFEE AND CURRENT EVENTS

This long-running discussion group meets Fridays, 10:30 a.m. to 12 p.m. Led by group members.

DROP-IN TAI CHI

Student-led sessions, Fridays, 9:15 to 10:15 a.m. Cost is \$3 per class.

GREAT BOOKS GROUP

Book lovers participate in lively discussions from books usually taken from the Great Books series. Meets Mondays, 10 to 11:45 a.m. Call Jean McNelis at 301-656-6695.

HEALTH INSURANCE COUNSELING

The local State Health Insurance Program (SHIP), 301-255-4250, provides Medicare beneficiaries with unbiased information about health insurance benefits, guidance and assistance with enrollment, and help solving problems. SHIP can also help determine if individuals are eligible for help paying for Medicare coverage. The services are provided by staff and trained volunteers at the Jewish Council for the Aging.

Continued on page 14, see Classes

CONCERTS



Concerts are held every Wednesday from 7 to 8 p.m. in Huntley Hall in the Friendship Heights Village Center.

Wednesday, May 1—New Brass Quintet— The New Brass Quintet was formed in 2014 by a group of brass enthusiasts to explore the rich chamber music repertoire composed for the classical brass quintet, including arrangements of music from Baroque to jazz, and covering both sacred and secular. **Please note this concert begins at 7:30 p.m.**

Wednesday, May 8—The Bill Baker Band— Bill Baker is a familiar name in the Washington, D.C. music scene. His award-winning and critically acclaimed songs and voice have made their way across the states and onto main stage venues at Kerrville Folk Festival, Merlefest, Kennedy Center, Strathmore Arts Center and Barns at Wolftrap, as well as performances in Europe. Performing now with his band, Bill's writing blends influences from folk, blues and country to create contemporary music firmly rooted in traditional Americana.

Wednesday, May 15—The Kinor Dance Company— Join the Kinor Dance Company as it celebrates 47 years of dance incorporating Jewish themes,



folk music and steps in a modern way, under the creative direction of founder, artistic director and choreographer Barbara Supovitz. The program includes "Ode," a tribute to the company's 40th anniversary, the lively "Jubilee," commemorating the 40th anniversary of the founding of the state of Israel; and "Remembrance," a quilt of memories evoking the company through the years; "A Time to Plant and A Time to Reap;" and the haunting trio from Holocaust Suite, "Darkness and Memories," that dramatically evokes the plight of Jews during World War II. A newly revived and revamped Havdalah brings something new—don't miss the dramatic braiding sequence that mirrors the shape of the Havdalah candle. Join us for an evening of music, dance, memories and celebration of how the dancers incorporate Jewish themes, folk music and steps in a modern way.

Wednesday, May 22—Washington Revels Maritime Voices— The Washington Revels Maritime Voices cel-

ebbrates the sea and the inland waterways of America—the men who worked the great sailing ships, the women who sustained the shore-side communities, and the men and women who lived and worked on the canals, lakes and rivers. Formed in 2008, this group performs lively songs, instrumental music, dances, folk dramas, and other traditions of the 19th century.

Wednesday, May 29—David Pedraza—

This viola and piano recital features David Pedraza, a violist from Mexico, currently living in Boca Raton. He is the principal Viola of the Symphony of the Americas and has performed in venues in Atlanta, Fort Lauderdale, Mexico and Paris.

A Note from the Program Director

As a courtesy to our speakers, authors and performers—

- Turn off cell phones.
- Do not take food or drink into the auditorium.
- Arrive on time for all events.
- Unless it is an emergency, please stay until the conclusion of the program. It is distracting to others in the audience and the presenters when people walk out. Plenty of time to catch the shuttle bus will always be provided.

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TO YOUR HEALTH

Vision Resource Lunch and Learn

Celebrate Healthy Vision Month

Learn how to keep your eyes healthy when Dr. Daniel Sarezky joins us for this month's Vision Resource Lunch and Learn at the Village Center on **Thursday, May 23, from 12 noon to 1 p.m.**

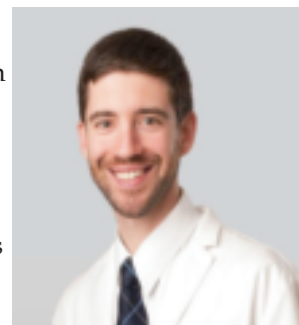
Healthy Vision Month is the perfect time to learn how to protect your eyes and help prevent vision loss in the future. Guest speaker Dr. Sarezsky completed his residency in ophthalmology at Scheie Eye Institute of the University of Pennsylvania. He continued with a fellowship in cornea and external disease at Wilmer Eye Institute at Johns Hopkins University. He currently practices in Montgomery County.

The National Eye Institute (NEI) has established May as Healthy Vision Month. The purpose of Healthy Vision Month is to encourage Americans everywhere to make their eye health a priority and learn the necessary steps to keep your eyes healthy and safe.

Today, an estimated 23 million American adults have NEVER had an eye exam! This is due mostly to people believing they do not have an eye problem. Unfortunately, many eye diseases will not show symptoms in their early stages, and will only be caught after permanent vision loss has occurred!

Refreshments will be served. The event is free, but please call the Village Center at 301-656-2797 to let us know if you plan to attend.

The Vision Resource Lunch and Learn, formerly the Vision Support Group, is sponsored by the Society for the Prevention of Blindness and the Friendship Heights Village Center.



Tasty ways to control diabetes

Learn how to eat well-balanced, portion controlled meals that delight your eyes and appetite during this month's Suburban lecture on **Wednesday, May 8, from 1 to 2 p.m.**, at the Village Center.

Jessica Sahota, Suburban Hospital clinical dietitian, will guide you through proper nutrition habits that are essential for glucose control. Diabetes is an increasingly common disease in the United States and around the world.

The lecture is free, but please call the Village Center at 301-656-2797 to let us know if you plan to attend.



Friendship Happening

a benefit for local nonprofit

FRIENDSHIP HEIGHTS NEIGHBORS NETWORK

SUNDAY, MAY 19, 2019 • 3–5 p.m.

- ▶ **FEATURED SPEAKER**
Congressman Jamie Raskin
- ▶ **ALL WELCOME!**
Bring your friends and neighbors
to the **Friendship Heights Village Center!**
- ▶ **TICKETS**
\$25 in advance to May 17
Details at fhneighbors.org
under "Support Us" tab
\$30 at the door
All tax deductible
- ▶ **MORE INFORMATION**
information.fhneighbors@gmail.com
or call 240-620-3285.

SPEECH SUPPORT

An aphasia support group facilitated by Susan Wranik, board certified speech-language pathologist, and sponsored by the NIH Suburban Hospital Stroke Program. Open to adults with speech impairment due to stroke, Parkinson's or dementia, who need help with communication. Meets the second Tuesday of every month, 3 to 4 p.m.

TEA

Village volunteers serve hot beverages, cookies, assorted pastries, and fruit on Tuesdays, 3 to 4 p.m.

VILLAGE BOOK CLUB

The book club meets one Tuesday morning a month to discuss books chosen by the group. See this page for details.

VILLAGE BRIDGE CLUB

The bridge club meets Mondays, 12:30 to 3:30 p.m. Village residents are encouraged to drop in. Cards will be supplied.

VILLAGE PLAY TIME

Toys are set out at the Center most Tuesdays, 10 a.m. to 12 p.m. Children must be accompanied by a caregiver over age 13. Come by for storytime at 10:30 a.m. on the first and third Tuesday of the month. Marsha Goodman-Wood performs music from 10 to 11 a.m. on the second and fourth Tuesday of the month.

Tunes for Tots on Tuesdays

Join Marsha Goodman-Wood and her guitar for singing, dancing and fun for children of all ages on the second and fourth Thursdays of the month at 10 a.m. at the Village Center. This month's performances are **Tuesday, April 9, and April 23.**

Goodman-Wood, a singer and songwriter, performs her own original songs for kids and well-known favorites guaranteed to get you singing and dancing. Toddlers and their friends and siblings are welcome, but must be accompanied by a parent or caregiver. All ages are invited!

Call the Village Center at 301-656-2797 for details.

Prepare your palettes!

Our annual community art show in July in the Friendship Gallery is open to all artists in the area, in all media. This year's theme is "It's a wonderful world." Prizes will be awarded to the top winners. Applications will be available at the Village Center soon.

VISION RESOURCE LUNCH AND LEARN (formerly Vision Support Group)

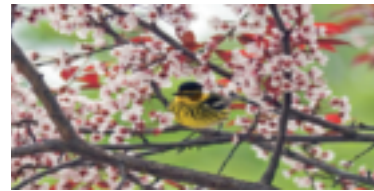
Meets the fourth Thursday of the month from noon to 1 p.m. See page 13 for details.

WALKING CLUB

Leaves the Center Tuesdays, Thursdays and Saturdays at 8:15 a.m. for a walk through a nearby neighborhood. Call Helen Davis at 301-718-6340 for details.

YIDDISH

Meets Wednesdays at 10:15 a.m. to speak and read in Yiddish. Call Maurice Singer at 202-362-0883 for details.



The Village Book Club will meet on **Tuesday, May 21, at 11 a.m.** The book selection is "From a Low " by Donald Ryan. Look for a copy in the Center Reading Room in the "Village Book Club Selections" bookcase.



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Market Stats in The Village

Whether you are a buyer or seller, call Sam to find out what these numbers mean for you...

In 2018, Sam is the only real estate agent with sold listings in ALL 4 Condo Buildings in The Village of Friendship Heights.

1st Quarter 2019 Market Statistics in The Village

Number of Condos Sold	21
Average List Price	\$410,621
Average Sold Price	\$399,712
Median List Price	\$329,950
Median Sold Price	\$312,500
% Sold Price/List Price	96.6
Average Days on Market	95
Average Price Per Sq Ft	\$360
High Price Per Sq Ft	\$519
Low Price Per Sq Ft	\$206

Compared to the 1st Quarter in 2018

Number of Condos Sold	20
Average List Price	\$447,925
Average Sold Price	\$464,740
Median List Price	\$387,450
Median Sold Price	\$381,500
% Sold Price/List Price	96.4
Average Days on Market	91
Average Price Per Sq Ft	\$389
High Price Per Sq Ft	\$578
Low Price Per Sq Ft	\$229

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Celebrate the “Force” with a Star Wars Night at the Center

While May 4 may be “May the fourth be with you” day, we just can’t wait so we’re celebrating a day early.

Bring the whole family to the Village Center on **Friday, May 3, at 7 p.m.**, when we’ll feature the Star Wars classic “Return of the Jedi.”

Dress up as your favorite character from the movie franchise. The person with the best costume will receive a special prize.

We’ll have Star Wars-inspired treats for your sweet tooth!

The event is free, but please call us at 301-656-2797 to let us know if you plan to attend.



John Eaton returns for an afternoon concert in June

The inimitable John Eaton presents “Broadway, Blues and Jazz II” featuring favorites from the Great American Songbook on **Monday, June 3, at 3 p.m.**, at the Village Center.

Renowned piano player, vocalist, musicologist, and humorist, John Eaton, is considered one of the foremost interpreters of American music. From jazz clubs to the White House, Eaton has performed for more than 30 years. The concert is free, but please call the Village Center at 301-656-2797 if you plan to attend.



Friendship Heights

VILLAGE NEWS

Friendship Heights Village Center
4433 South Park Avenue
Chevy Chase, Maryland 20815

Like us on Facebook:

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www.friendshipheightsmd.gov

Email: info@friendshipheightsmd.gov

Phone: 301-656-2797

May 2019 events calendar